

# Prevalence of Eye Diseases among Patients Presenting at Eye Out Patient Department at Fauji Foundation Teaching Hospital, Rawalpindi

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## Abstract

**Aims:** To evaluate pattern of different diseases in patients presenting in eye out patient department (OPD) at Fauji Foundation Hospital, Rawalpindi.

**Study Design:** Descriptive study.

**Place and Duration of Study:** Fauji Foundation Hospital, Rawalpindi. Data was collected over period of one month from 30<sup>th</sup> March 2014 to 1st April 2014.

**Results:** Out of 1065 patients examined in Eye OPD, refractive errors were most common (29.2 %, 311 patients), followed by cataract (27.1%, 289 patients). Other common eye problems were glaucoma (10.9%, 117 patients), corneal ulcers (8.7%, 93 patients) and chalazion (7.8%, 84 patients). Less common eye diseases included conjunctival disorders (5%), dacryocystitis (4.5%), diabetic retinopathy (2.9%), uveitis (1.8%) and retinal detachment (1.5%).

**Conclusion:** Refractive errors and cataract were the most common eye diseases followed by glaucoma, corneal ulcers and chalazion. There is a higher prevalence of non-inflammatory causes of decreased vision (cataract and refractive errors) as compared to inflammatory causes (uveitis, chalazion). *Al-Shifa Journal of Ophthalmology* 2014; 10(2): 73-76. © Al-Shifa Trust Eye Hospital, Rawalpindi, Pakistan.

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